

2021 Port Washington Recreation Port Fitness Program COVID-19 SAFE OPERATING PLAN

Recreation Director: Kiley Schulte

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Port Fitness

Dates: varies

Days: varies

Times: Varies

Objectives:

1. Follow local and state guidelines for safe and healthy operations of the Port Fitness program
2. Clearly communicate operations with staff and participants.

Resources:

[Wisconsin Department of Health Services](#)

[CDC Guidelines for using Gyms, Fitness Centers, or Studios](#)

Staff/Volunteers	<ol style="list-style-type: none"> 1. Must wear CDC-approved facemasks while on duty. 2. Must complete a virus screening form. 3. Provide all staff/volunteers training and enforce safe and healthy practices. 4. Separate duties for each staff/volunteer (i.e. sanitizer, coaching one area). 5. Staff/volunteers must monitor participants and ensure guidelines are being followed. 6. Keep all personal items in a designated area. 7. Follow regular sanitation schedule for shared equipment. 8. Frequent hand washing required (at least 20 seconds with soap and water or use of sanitizer greater than 60 % alcohol content). 9. Avoid touching face. 10. No shaking hands. 11. If you feel sick or have any signs or symptoms of COVID-19, STAY HOME.
Operations	<ol style="list-style-type: none"> 1. Adhere to all Public Health and Safety guidelines. 2. Maintain hand sanitizing stations. 3. Sanitize equipment and surfaces frequently including bathrooms, tables, door handles, and shared equipment. COVID-19 approved disinfectant spray will be provided for sanitization use. 4. Sanitizing wipes must be discarded after each use. Suggest use of paper towels for wiping down surfaces. 5. After participants are finished in one area the equipment and area will be sanitized before another participant can use that equipment/station 6. Communicate to all participants that social distancing of 6-feet must be maintained. 7. Signage must be placed at the entrance areas, shared surfaces, and

	<p>on each piece of equipment.</p> <p>8. Inform Recreation Director of unsafe conditions requiring immediate attention.</p>
<p>Participant Communications</p>	<ol style="list-style-type: none"> 1. Inform participants before entering about safe participation, via signage at entrance points and by email blasts/social media posts: <ol style="list-style-type: none"> A. Participate at Own Risk – Due to potential exposure to COVID-19, we ask all patrons to be respectful of others and observe social-distancing and CDC guidelines. B. Stay home if you are sick or in a high-risk group and have not been vaccinated. C. Wear a mask when not actively participating in gymnastics activities. D. Always maintain a 6-FOOT DISTANCE. Whenever waiting in line, maintain 6 feet of distance between yourself and others. E. Wash and sanitize your hands frequently. Wash your hands with soap and warm water in our restrooms. Hand sanitizer is encouraged before/after each use of communal equipment. F. Complete Health Screening prior to attending the program each day. 2. Participants will be required to wear a CDC approved face covering when entering and exiting the Rec Center. Once At own workout station/area mask may be removed.