

2021 Port Washington Recreation Department Cross Country Program COVID-19 SAFE OPERATING PLAN

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Objectives:

1. Follow local and state guidelines for safe and healthy operations of the Cross Country program.
2. Clearly communicate operations with staff, volunteers, participants, and parents.

Resources:

[Wisconsin Department of Health Services](#)

[CDC Guidelines for Youth Sports](#)

Staff/Volunteers	<ol style="list-style-type: none"> 1. Must wear CDC-approved facemasks while on duty. 2. Must complete a virus screening form. 3. Provide all staff/volunteers training and enforce safe and healthy practices. 4. Separate duties for each staff/volunteer (i.e. sanitizer, coaching one area). 5. Staff/volunteers must monitor participants and ensure guidelines are being followed. 6. Follow regular sanitation schedule for shared equipment. 7. Frequent hand washing required (at least 20 seconds with soap and water or use of sanitizer greater than 60 % alcohol content). 8. Avoid touching face. 9. No shaking hands. 10. If you feel sick or have any signs or symptoms of COVID-19, STAY HOME.
Operations	<ol style="list-style-type: none"> 1. Parents will not be allowed into the practice area. 2. Maintain hand sanitizing stations at the park. 3. Any shared equipment will be sanitized after each use. COVID-19 approved disinfectant spray will be provided for sanitization use. 4. Sanitizing wipes must be discarded after each use. Suggest use of paper towels for wiping down surfaces. 5. Communicate to all participants that social distancing of 6-feet must be maintained. 6. Signage must be placed at the entrance areas. 7. Inform Recreation Director of unsafe conditions requiring immediate attention.
Participant Communications	<ol style="list-style-type: none"> 1. Inform participants before entering about safe participation, via signage at entrance points and by email blasts/social media posts: <ol style="list-style-type: none"> A. Participate at Own Risk – Due to potential exposure to COVID-19, we ask all patrons to be respectful of others and observe social-distancing and CDC guidelines. B. Stay home if you are sick or in a high-risk group and have not been vaccinated. C. Wear a mask when not actively participating in run activities.

	<ul style="list-style-type: none">D. Always maintain a 6-FOOT DISTANCE. Whenever waiting in line, maintain 6 feet of distance between yourself and others.E. Wash and sanitize your hands frequently. Wash your hands with soap and warm water in our restrooms. Hand sanitizer is encouraged before/after each use of communal equipment. <p>2. All participants must bring their own individual labeled water bottle, drinking fountains will not be available.</p>
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